



BEDFORD AREA RESOURCE COUNCIL

August 25, 2023

1. Andy welcomed everyone.
2. Action Group Report Outs (Chairs or designee)
 - a. Aging/Elder Care -No update
 - b. Child Care – No Update
 - c. Healthy Foods – Mary Zirkle stated the committee met at the Cannery to review operations.
 - d. Housing – Landlord seminar on August 24th at the Welcome Center was well attended. Cooling shelter will be open August 25th from 11am to 8 pm at Bedford Presbyterian.
 - e. Employment and Training –met in August and plan to have Sherry Fulcher at the next meeting.
 - f. Minds Together – Next meeting is with Denny for the discussion on Opioid Abatement money the County received and identification of needs/gaps.
 - g. Transportation – The Otter Bus has been given the second grant and is extending its hours from 9am-5pm (same days).
3. Key Partners
 - a. Bedford Area Reentry Council – No update
 - b. Bedford Community Action Team (BCAT) – Will meet September 1st, Denny will facilitate the meeting.
 - c. Bedford Get Together – Story project will be running on social media and newspaper in January. Work continues on the Centertown mural.
 - d. Community Health Needs Assessment (CHNA) – assessment is coming/current data integration of CHNA.
 - e. PACE Team – monthly meeting is to be held Thursday at 5:30 pm. Faith event in September; September 7th at Falling Creek Park back to school celebration; Shop with a cop coming.
 - f. Domestic Violence Coalition – No Update

4. Presentation: Kim Kirby, Lisa Jordan, Lesley Kessler and Mary Kirby gave a presentation on Centra BMH Mammogram program. Mary Kirby gave an update on Paint the Town Pink Campaign. The event will be held on October 20th. The deadline for t-shirt order is September 8th. \$5 from each shirt sold will go to the MAAM fund to provide free mammograms on Free Screening Days.

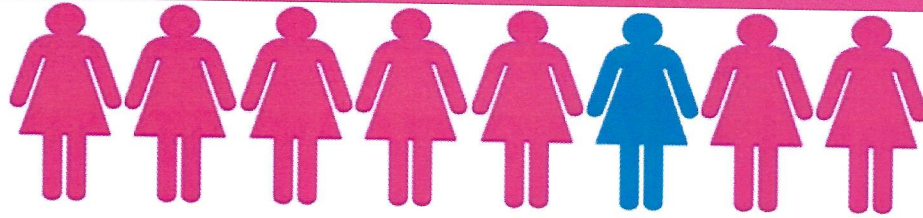
Presentation: Hal Hanson with HeadStart introduced the program and the areas in our county where HeadStart programs are. They are currently accepting applications for the program.

5. Agency Announcements

- a. Preschool will begin at Susie G. Gibson Science and Technology Center on August 29th.
- b. Bedford County Parks and Recreation has had a lot of staff turnover. Stuart Saunders will serve as interim director until a new director is found.
- c. Monique with the VEC introduced herself and explained her willingness to come out and meet with people who need help with signing up for unemployment.
- d. Society of Saint Andrews Gleaning Program can be used for team building through community service. Gleaning is free and more information can be found at <https://endhunger.org>
- e. Brenda Goff stated GED classes start Tuesday August 29th, students can enroll anytime, service is free, offering online service this year. Also offering a national certification in Hotel Management this year.
- f. The Elba Parking lot will be paved soon.
- g. On August 29th Virginia Career Works and Dynax is having a hiring event from 10am-2pm. Jobs available pay ranges are from \$19 to \$35.
- h. Patrick Henry Family Services is having a community based 0-6 years old parenting class. The cost is \$25
- i. VDH Rapid Revive Training 2nd Thursday each month drop-in 12-2pm.
- j. The Red Cross reminded everyone to be aware of the weather.
- k. Celebrate Recovery is each Thursday night at 6:30pm at The Outpost.
- l. Horizon is looking for any organization who would like to donate local incentives for their clients. Horizon is also looking for local bicycle donations for their clients with no transportation.
- m. Agape has served 600 families and they are seeing a larger homeless population. Charity Home Tour is October 6th through 8th. Eastlake Community Church in Moneta is having a free Labor Day Celebration Event.
- n. The Walk to End Poverty is September 16th. Lake Christian Ministries is sponsoring the event.

- o. Bedrock offers professional counseling, men's groups, divorce care group, grief share, and celebrate recovery.
 - p. Centerfest is October 23rd this year.
- 6. No grant funding announcements.
- 7. Meeting adjourned at 9:12am. Next BARC Meeting will be held on September 22, 2023, at 8:30am.

Mammograms save lives



1 in 8 women will receive a breast cancer diagnosis during their life.

If you are 40 years old or older with health insurance and have not had a mammogram in the last year, schedule your appointment today at Centra Bedford Memorial Hospital
540-587-7806



Free Mammography Screenings will be offered to women 40 years of age or older who do not have health insurance or are underinsured and have not had a mammogram in the last year.
To make an appointment, call 434-200-4048

Mammograms Annually A Must Free Screening Day

Tuesday, Aug 29, 2023

Tuesday, Oct 10, 2023

Tuesday, Nov 21, 2023

Location: Centra Bedford Memorial Hospital,
1613 Oakwood Street, Bedford



FRIDAY, OCTOBER 20TH, 2023

T-shirt Fundraiser!

Part of Bedford's "Paint the Town Pink!" 2023 Campaign

Order your T-shirt to wear on October 20th in honor of Breast Cancer Awareness Month!
Each sale raises money to provide free mammograms through Centra's MAAM fund.

Purchase early! Ordering ends on
Friday, September 8th, 2023

Multiple shirt styles and colors available!

The shirts will be delivered to Mammography at BMH for distribution before October 20, 2023.



Pink Short Sleeve



Blue Short Sleeve



Pink Long Sleeve



Blue Long Sleeve



Shirt Orders:

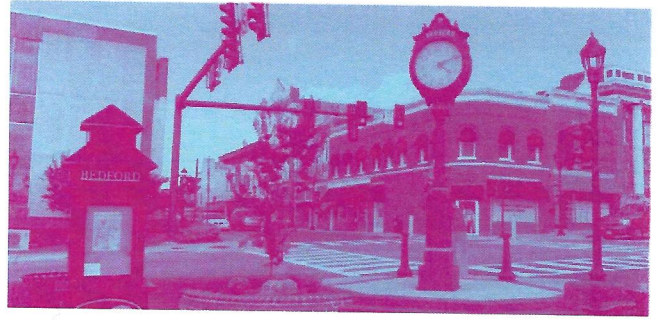
Scan the QR code or visit
go.dojiggy.io/2023maamtshirt



CENTRA

MAAM
Mammograms Annually A Must

PAINT *the town*
PINK



Let's "Paint" Bedford Pink on October 20th!

- Help raise awareness of Breast Cancer prevention by decorating your business/building storefront with lots of **Pink** on Oct. 20th
- The Town will be placing large **Pink** ribbons on light poles in the downtown area of Bedford
- **PTTP Decoration Contest:** On Oct. 20th, send a photo of your decorated storefront. The best **Pink** decorations win a prize
- **Paint the Town Pink** T-shirts are also being sold to raise money for free mammograms (see T-shirt flyer)

Questions/Contact: Mary Buchanan Kirby
mary.buchanan@centrahealth.com

Send contest photos no later than 5pm
(Winner announced the following week)

Paint the Town Pink is an annual campaign dedicated to honoring those we have lost, all survivors, & those providing care & treatment



FREE Bedford County Adult Education Hospitality Management Training Program

Who: Adults 18+ who are:

- interested in pursuing a career in the hospitality field
- willing to commit to the classes and training, and
- have access to a computer for home study.

What: FREE Hospitality Training Program where students work towards a nationally recognized certification in various hospitality positions.

Where: **Bedford Central Library**

321 N. Bridge Street, Bedford, VA 24523

When: **Thursdays September 14, 5:30 pm -7:30 pm**
5 weeks of classes, ending on Oct. 9th.

Why: Upon completion of the program the student will earn their American Hotel & Lodging Institute (AHLEI) national certification in:

- Front Desk Representative
- Guest Room Attendant
- Maintenance Employee
- The first class will be a certification for a Front Desk Representative.

These certifications will help:

- Your resume stand out to potential employers
- You feel confident in applying for jobs in the hospitality field
- You seek a career as an entry-level employee in the hospitality field including hotels, country clubs, restaurants, visitor centers, resorts, and convention operations and reception.

How: Contact: Kathy Smith, 540-586-1270 or

Email: kathryn.smith@bedford.k12.va.us

EARN YOUR

GED!

***CLASSES START THE WEEK OF
AUGUST 27TH***

YOU CAN ENROLL ANYTIME!

***All classes and study materials are
FREE!***

We also offer:

**The National External Degree Program
(NEDP)**

ELA Classes

Certifications in Hospitality Management

**Online and in person classes.
Day and evening classes.**

**For more information and a schedule
contact:**

**Kathy Smith, GED/Adult Education
Coordinator**

**Phone (540)-586-1270, Email:
kathryn.smith@bedford.k12.va.us**



What we offer:

**Placement in GED
Classes**

**Basic School
Supplies**

**Resources for
Adult Learners**

**One on One
Tutoring**

**Pretesting and
testing Services**

**Computer Literacy
Classes**

**Employability
Skills**

**Transition into the
Workforce**

**Help enrolling in
community college**

***Move
Ahead
with BCPS
Adult Ed.***

SML Walk TO END POVERTY

Make a Difference Together **2023**

Benefiting Lake Christian Ministries & Local Families in Need

**SATURDAY
SEPTEMBER 16**

SML STATE PARK

Walk Day Registration: 9 AM
5K & 10K Walk or Run: 10 AM

Donate or Register: [SMLWalkToEndPoverty.com](https://www.SMLWalkToEndPoverty.com)

Help Us Meet the Sponsor Match - \$1 for \$1 Match for the First \$25,000 Donated

EVENT SPONSORS

CAPPS HOME BUILDING CENTER & ANONYMOUS VOLUNTEERS

Supporting Sponsors: Centra, Gilbert Law, Jo & Co Jewelers, Southside Electric Cooperative & American National Bank