



BEDFORD AREA RESOURCE COUNCIL

BARC March 24, 2023

Notes

Action Groups:

Aging/Elder Care:

- Senior Lunch and Learn-April 26, 2023 11:30-1 at Bedrock regarding Power of Attorney
- Senior Lunch and Learn-May 9, 2023 11:30-1 at SML Water Treatment Plant regarding Power of Attorney
- Expanding community resource section at the Library

Child Care:

- Meeting next week

Healthy Foods:

- Working with Cooperative Extension
- Trying to start a Walk Together Group
- Partnering with Farmers Market for a Healthy Food Demo

Housing:

- Last Sunday was the last day of the Warming Shelter. There were 12 unduplicated guests with an average of 1-4 each evening. Now planning for next year.
- Putting together a Landlord call list to help with hard to place individuals.
- Need volunteers and supplies to make homes handicap accessible for those that are leaving the hospital after an accident/medical emergency and do not have access to their homes.

Employment/Training:

- Money obtained for Cost of Poverty Experience (COPE) (Poverty Simulation) and need 20 volunteers to help run it. Has to be done by the end of May.

Minds Together:

- Meet Monthly on the 1st Thursday at 10am.
- Presentation on 211 in March.

- Working on becoming a TICN (Trauma Informed Community Network)
- Continue to collaborate with schools for Hidden in Plain Sight

Transportation:

- Bus is running.

Key Partners:

Bedford Area Reentry Council:

- The council met and staffed 6 cases and they are seeing success.
- Happy to bring “A Walk in my Shoes” to Bedford

Bedford Community Action Team:

- No update

Bedford Get Together:

- Community Service Award Nominations will be accepted until July 15, 2023.
- A Mural Painting will be on a building downtown that is service related but not WWII. There will be a community meeting to discuss.
- Our Bedford Story- Working with a Grad Student on telling stories of Bedford and making them Public.

Community Health Needs Assessment:

- Currently focusing on Mental Health
- Interdisciplinary team meets each month with 1st responders on how to better respond to people having a mental health crisis.
- On year two of the Assessment
- Educating the hospital with resources.

Police and Community Engagement Team (PACE):

- Working on three different areas: Elderly, Teen, Youth
- Will have plans that also include non athletes
- April 6th is the Big Feet Meet at Liberty High School

Domestic Violence Coalition:

- No update

Presentation by Michelle Cade with Unite Us

Agency Announcements:

Lake Christian Ministries:

- Resume evening food pantry distribution the last Tuesday of the Month: March 28th 5-6:30 and April 25th 5-6:30

Probation and Parole:

- There has been an uptick in Meth and Fentanyl use. A lot of services are being Utilized.

St. Johns Episcopal:

- Warming Shelter was a Blessing
- Walk through/Drive through meal on the 2nd Thursday evening of each month
- Partnering again to bring the white crosses to the lawn April 10-17 to bring awareness to the overdose crisis.

Virginia Career Works:

- Hiring Event at the Bedford Library on April 5th from 10-2 for the Peaks of Otter
- Hiring Event at the Forest Library on April 6th from 10-2 in conjunction with the Bedford Chamber of Commerce.

Care Portal Gathering will meet right after the BARC meeting each month.

Next BARC meeting will be April 28, 2023 at 8:30am at Bedrock Church (The Out Post)