

# Minds Together Team Meeting

Thurs., March 2, 2023

10:00 am

Zoom

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**Meeting called by:** Jennifer Smith Ramey      **Type of meeting:** Video Conference  
**Facilitator:** Jennifer Smith Ramey      **Note taker:** Karen Riddle  
karen.riddle@horizonbh.org  
**Timekeeper:** Jennifer Smith Ramey  
**Attendees:** John Thomas, Carl Mack, Bridget Houlihan, Mary Buchanan Kirby, Tammie Brewster, Nikki Thomas, Ta'Shauna Johnson, Joe Girandola, Angela Hill, Christy Lucy, Tabitha North, Tecora Davis, Dammy Onafowokan, Gabriella Smith, Amanda Rider, Karen Riddle, Jennifer Smith Ramey

## Minutes

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**Agenda item:** TICN-Trauma Informed Community Network update      **Presenter:** Jennifer Smith Ramey per Januwaa Davis

**Discussion:**

Januwaa has created (4) case scenarios for the group that she will present to the group at our next MT Meeting on April 6, 2023.

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**Agenda item:** United Way 211 Virginia      **Presenter:** Tabitha North

**Discussion:**

- Tabitha presented from a PowerPoint about the 211 Virginia.
- PowerPoint on 211 Virginia (attached)
- Tabitha will send brochures with more info on United Way 211 Virginia
- Tabitha's contact email: [Tabitha.North@UnitedWaycv.org](mailto:Tabitha.North@UnitedWaycv.org)

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**Agenda item:** Sobrius Curae      **Presenter:** Ta'Shauna Johnson

**Discussion:**

- Sobrius Curae offers a 30-Day Holistic Recovery Residential Program
- There is a Sobrius campus located in Galax, VA for men
- There is a Sobrius campus in Bassett, VA for women
- There are 16 beds in each facility
- Proposed new facilities opening in Goode, VA Summer 2023; one with 12 beds (PHP House) and one with 16 beds for men. The houses are set-up and awaiting for locality approvals
- Every 30 days there is a new group entering into the program at each facility.
- When a participant leaves, the empty bed is not filled during that 30-days to limit introducing distractions to those who choose to stay for the entire 30 days
- Life skills are taught to the participants
- Program is MAT friendly

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**Agenda item:** Sobrius Curae (Cont.)      **Presenter:** Ta'Shauna Johnson

- Aftercare available
- Program accepts Medicare/Medicaid
- Bi-lingual staff on hand
- NO DETOX available
- Brochures available (see email sent to MT Team by Karen Riddle on March 3, 2023)

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**Agenda item:** Agency Updates

**Presenter:** Round Robin

**Discussion:**

John Thomas—Case Manager Team Leader at HBH WC Bedford reported Bedford Case Management is fully staffed.

Christy Lucy—with CAN (Community Access Network) reported that CAN has relaunched the monthly Community Advisory meetings and the next meeting is scheduled for Friday, March 24<sup>th</sup> at 11:30 am at CAN in Lynchburg.

Angela Hill—with BH Coalition reported the warming center is open on Friday thru Sunday each weekend from 7pm to 7 am. She also gave an update on Lake Christian Ministries and reported they are now taking walk-ins on Mondays, Wednesdays and Fridays from 8:45 am to 10:30 am.

Dammy Onafowokan—with HBH Bedford WC as the Program Director of the FTDC reported the newly hired Peer has begun to engage with the FTDC clients.

Joe Girandola—Project Director for GBHI which is based in the HBH Langhorne Wellness Center, Lynchburg re-enforced the age of clients the grant can assist ranges from age 12 y/o to 25 y/o and the clients must have a homeless component in their assessment to qualify for services under the GBHI grant.

Mary Buchanan Kirby—with Centra Health reported they are starting a 2<sup>nd</sup> year community health need building plan and developing a resource list.

Tecora Davis—with Probation and Parole reports they are seeing a huge influx in substance use disorder (SUD) and they are experiencing difficulties locating a detox center for Alcohol.

Gabriella Smith—with Horizon BH reported Supportive Housing (VSH Program) is now taking referrals and the GBHI grant continues to take referrals. She stated CHAP is hosting “Taking the Lead” event for ages 11 y/o to 19 y/o. She also announced there are two upcoming Mental Health First Trainings—(Youth) on March 23<sup>rd</sup> and June 6<sup>th</sup> and (Adult) on April 27<sup>th</sup> and June 22<sup>nd</sup>.

Nikki Thomas—with Horizon BH stated HBH now has clinician, Amanda Winebarger, onsite at the Bedford WC. She stated HBH is seeing an influx of homelessness.

Jennifer Smith Ramey—with Horizon BH announced there will be a lunch and learn event on MST happening Friday, March 3<sup>rd</sup> at 11 am to 12 pm for anyone interested. MST can assist with behaviors in youth such as skipping school and other behavioral issues and offers treatment to assist with getting youth back in school. Jennifer also announced the upcoming Family Check Up event hosted by HBH at Acorn Hill, Lynchburg, to give information on this Family Therapy Model where treatment can start with children as young as age 5 y/o.

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## ***Other Information***

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**Resources:**

Tabitha North

[Tabith.North@UnitedWaycv.org](mailto:Tabith.North@UnitedWaycv.org)

Ta'Shauna Johnson

[Tashauna.johnson@sobriushealth.com](mailto:Tashauna.johnson@sobriushealth.com)

**Special notes:**

Next MindsTogether Meeting will be held via Zoom on April 6, 2023

Please contact [Karen.Riddle@HorizonBH.org](mailto:Karen.Riddle@HorizonBH.org) if you need the new Zoom link for our 2023 meetings