

Minds Together Team Meeting

Thurs., February 2, 2023

10:00 am

Zoom

Meeting called by: Jennifer Smith Ramey **Type of meeting:** Video Conference

Facilitator: Jennifer Smith Ramey **Note taker:** Karen Riddle
karen.riddle@horizonbh.org

Timekeeper: Jennifer Smith Ramey

Attendees: Carl Mack, Gabriella Smith, Joe Girandola, Tammie Brewster, Oasis Arslain, Jillian Collier, Mary Buchanan, Yemi Mutesa, Nikki Thomas, Chief John Fedor, Dammy Onafowokan, Christy Lucy, Lesli Sedwick, Jennifer Jolliffe, Carolyn Hitchcock, Robert Kimbrel, India, Fred Volk, Tecora Davis, Ellen Smith, Lisa Jordan, Denise Yopp, Jennifer Smith Ramey, Karen Riddle

Minutes

Agenda item: Question for Discussion--What are some examples of Trauma Informed Practices at your agency? **Presenter:** Jennifer Smith Ramey

Discussion:

Carl Mack—stated his agency, Lynchburg Health Department, uses ACE Testing, Taking the Escalator Exercise, and Motivational Interviewing.

Joe Girandola—with Horizon BH added that he has used the 6 Guiding Principles of Trauma Informed Approach. Those 6 Guiding Principles are: 1. Safety, 2. Trustworthiness & Transparency, 3. Peer Support, 4. Collaboration & Mutuality, 5. Empowerment Voice & Choice, 6. Cultural, Historical, & Gender Issues. This is taken from an infographic created by the CDC in collaboration with SAMHSA. (See link below)

Chief John Fedor—stated his agency, Probation & Parole, has dedicated Mental Health Clinician they refer trauma care case to and their assessment tools they use, COMPAS R & WRNA, have a trauma section in them.

Lesli Sedwick—with Horizon BH School Based Program stated HBH clinicians are Trauma Focus trained and trained in EMDR. A good resource is the NCTSN website.

Gabriella Smith—with Horizon BH added that ACES training is widely used at Horizon and a good resource is RMRD which stands for resiliency messaging and resource distribution articles available for viewing on the web.

Angela Hill—stated her agency does continual referrals for anyone who has experienced a traumatic event. They offer a Getting Ahead Class which includes a discussion of ACE scoring and resilience as well as community resources.

Tecora Davis—stated her agency offers Trauma Informed Care which includes the WRNA (Women's Risk Needs Assessment). WRNA was first introduced to FADOC in 2017 and was developed by the University of Cincinnati Corrections Institute.

Christy Lucy—with Community Access Network stated their agency has a trauma informed committee that is working on revising their policies and finding training for their staff.

Agenda item: GBHI (Grant to Benefit Homeless Individuals) Project Presentation **Presenter:** Joe Girandola
Project Director

Discussion:

Joe presented a PowerPoint Presentation. (See attached)

Joe Highlighted:

--GBHI provides non-emergency housing support and collaborates with DSS, DHIA, and & Salvation Army

--GBHI services are provided through case management services, peer support services, and housing-related services

Agenda item: GBHI (Grant to Benefit Homeless Individuals) Project **Presenter:** Joe Girandola
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Continued:

--clients are linked to other services as needed, such as clinical services, therapeutic settings, medication for addiction treatment, transportation services, and services to assist those at risk for homelessness, and services for those at risk of domestic violence

--GBHI serves clients with a homelessness status according to the SOAR model definition age 12-25 y/o with SUD and Co-occurring with MH diagnosis

--Clients can walk in to HBH Admissions, located at 2215 Langhorne Rd., Lynchburg and ask to be referred to GBHI services.

--There is no GBHI referral form. GBHI participants need to be HBH clients first. There is a HBH Referral form (see attached form) which could be used to get the ball rolling for an individual to have an HBH intake.

--Contact Joe directly (see contact info below) with any questions related to the grant, referrals, funding, etc., so Joe can staff these questions first before a referral is made or other grant staff are contacted.

--Intakes (last 2-3 hours) and are done Mon., Tues., Thurs., and Fri. at 8 am, 10 am, and 1:30 pm, Wed. 9am, 11 am, and 1:45 pm

--Clients are linked the same of the intake to the GBHI staff

--a Consent to Contact form will be presented to clients by GBHI staff if clients desire to take part in the GBHI Evaluation done by an outside contractor (Chestnut Health Systems) employee, Kelly Bailey, who will only contact the client if they sign the C2C form.

Quote: "Homelessness is not a choice, but rather a journey many find themselves on."—Dr. Asa Don Brown

Agenda item: Agency Updates **Presenter:** Round Robin

Discussion:

Carl Mack—with LHD announced the LHD has reposted the part-time Peer Support Position to VA.gov/jobs website.

Tecora Davis—Deputy Chief Probation Officer with District 20 stated the Re-entry Council Meetings are where active re-entry cases are discussed

Chief John Fedor—with District 20 stated the agency is working toward moving into the new building sometime in 2024.

Denise Yopp—with True North Clinic at Intercept announced the IOP virtual Adult/Youth group has no waiting list currently.

Capt. Rob Kimbrell—with Bedford Police Department was recently promoted from Lieutenant to Captain.

Christy Lucy—with CAN (Community Access Network) announced the upcoming community advisory meeting on February 24, 2023 (see attached flyer).

Gabriella Smith—with HBH announced an upcoming FCU Workshop (see attached flyer)

Angela Hill—with BHC and LCM announced that the recent Point in Time Count completed on Wednesday, January 25, 2023, revealed there were 11 individuals unsheltered, and that LCM now offers walk-ins Mon., Wed., and Fri. at 9:00 am. Angela stated the items individuals seeking assistance should bring who are seeking assistance include: a Photo Id, a piece of mail showing proof of address, and proof of amount owed the individual is seeking assistance for.

Dammy Onafowokan—with HBH stated FTDD has a participant graduating in March bringing the total number of graduates in the FTDD project to eleven (11) participants. Dammy stated the project is receiving great community support for participants.

Lesli Sedwick—with HBH stated Horizon has hired a new case manager under the Bedford Expanded School Based Services grant and they will be interviewing a Peer Support Specialist in the next couple of weeks. HBH staff are seeing students at three different Bedford schools currently.

Ellen Smith—introduced herself and stated she is with HBH as the FTDD Case Manager.

Lisa Jordan—introduced herself and stated she is with BMH Radiology.

Jennifer Jolliffe—with Melina Complete Care announced a Public Health Emergency potential stating many will lose Medicaid benefits because of the minimum wage going up to \$12 per hour. Jennifer advised a flyer can be accessed at **CoverVirginia.gov**.

Fred Volk—with Liberty University introduced himself as the Lynchburg Adult Drug Court Evaluator.

Nikki Thomas—with HBH as the Clinical Coordinator in Admissions announced Horizon is working toward hiring a clinician for the HBH Bedford WC.

Other Information

Resources:

Link Joe Girandola provided for 6 Guiding Principles:

https://www.cdc.gov/cpr/infographics/6_principles_trauma_info.htm

Joe Girandola

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There is a **Peer Collective Meeting** held at Roads to Recovery, located at 3000 Langhorne Rd., Lynchburg, VA 24501, and meets on the second Monday of each month from 4 pm to 6 pm. Please share this information with all Peer Support Specialists per Carl Mack's request.

Special notes:

Next MT Meeting will be held via Zoom on Thursday, March 2, 2023, at 10 am.

Please notify Karen Riddle at karen.riddle@horizonbh.org if you need the link to this meeting.