

Minds Together Team Meeting

Thursday, April 7, 2022

10:00 am

Zoom

Meeting called by: Jennifer Smith Ramey **Type of meeting:** Video Conference
Facilitator: Jennifer Smith Ramey **Note taker:** Karen Riddle
karen.riddle@horizonbh.org
Timekeeper: Jennifer Smith Ramey

Attendees: Jennifer Smith Ramey, Karen Riddle, Jerry Avila, Tim Brooke, Harold & Lila Scroggins, Joe Girandola, Latoya Horsley, Tomi turner, Bright View Health, Tomeca Paige, Carolyn Hitchcock, John Thomas, Lesli Sedwick, Christy Lucy, Jimmy Thompson, John Fedor, Gabriella Smith, Nicole Thomas, Mac Duis, Angela Hill, Ellen Smith, Beth Robertson, Christy Meeks, Wilson Brown, Tecora Davis, Dammy Onafowokan, Januwaa Davis, Angie Vaughn, Louis Harrison

Minutes

Agenda item: 211 Project **Presenter:** Joe Girandola
Karen Riddle

Discussion:

--Latoya Horsley stated she has recently added Support Systems located in Lynchburg, but does not see where the agency has been added on the 211 Resource site. She stated she does not see a heading for Mental Health Providers on the 211 Resource Site.

--Mac Duis stated he can see a Mental Health/Addictions section on the site.

--Christy Lucy volunteered to reach out to Joan Phelps with United Way to seek to get a more complete listing of the 211 Resource list with all sub-categories included.

--Januwaa Davis pointed out the new CVARR website Resource list as another tool for individuals to find additional resource information in addition to the 211 Resource List.

--John Fedor volunteered to connect Joe Girandola with a contact that he has through the DOJ Department.

Conclusions:

Joe Girandola and Karen Riddle will do a deeper dive into the 211 Resource List and follow-up with John Fedor and Christy Lucy in order to seek out a more in depth listing of the 211 Resources (including the sub-categories). Joe and Karen will make the more in depth listing available at a later date for Minds Together Team Members to review for any agencies/organizations that are not on the list, so these agencies can be invited to join our Minds Together Team and to encourage them to add their agency/organization to the 211 Resource List.

Action items	Person responsible	Deadline
✓ Contact John Fedor	Joe Girandola	May 4, 2022
✓ Contact Christy Lucy	Karen Riddle	May 4, 2022
✓ Create a more complete 211 Resource Listing for MT Team to review	Joe Girandola & Karen Riddle	TBD

Agenda item: Agency/Organization Updates

Presenter: Round Robin

Discussion:

Jerry Avila—with Bedford County Juvenile Probation & Parole Juveniles stated Spring Break is next week.

Angie Vaughn—stated she is the Office Manager at Horizon Behavioral Health Bedford Wellness Center and she also manages the therapists at the Bedford WC. Angie stated there is room for more day IOP referrals. Angie stated Pam Mangus has started a part 2 for the Trauma Group that Pam facilitates at the Bedford WC.

Tomi Turner—with Bedford DSS stated there are lots of referrals at this time. During the month of March 2022 DSS Bedford received 142 CPS referrals and 85 APS referrals. Tomi stated this set a 21-year-record for the time she has been with the Bedford DSS. Tomi stated there are currently 6 active in the Family Treatment Drug Docket.

Tim Brooke—with the Bedford Police Department asked for the 211 hyperlink (211 website to follow: <https://211virginia.org/consite/index.php>). Tim stated there is an upcoming meeting today (April 7th) at 5:30 pm to discuss the revitalization of the Gazebo in the Town of Bedford. Tim mentioned the Coffee & conversation at Bridge & Main is still on going. Tim requested anyone who is interested in the Cop camp to sign up. Time mentioned the National Night Out is coming up August 2, 2022. Tim stated he wanted to share as a member of St. John's Episcopal Church that the church is in collaboration with the McShin Foundation (website following: <https://mcshin.org/resources/marker-project/>) and is going to display (April 23-May 1, 2022) white crosses to raise community awareness and to represent the estimated preventable deaths that may happen due to overdose related to SUD including drugs such as Opioid, Heroin, and/or Crack Cocaine.

Beth Robertson—with BCPS stated the strategic planning is coming to an end and they now have a 5-year plan for addressing Mental Health support and Behavioral Health support within the schools.

Dammy Onafowokan—with HBH stated the Bedford FTDD Program is now into the 2nd year of the 5-year grant and year 2 will come to an end July 31, 2022. Dammy reported to date there have been 11 total graduates from the Bedford FTDD program.

Tomeca Paige—with Therapeutic Alliance stated TA offers MH Skill Building services with immediate availability, in-home ABA services with immediate availability, and custodial visitation monitoring with a minimal wait list of about one month. Tomeca stated TA is planning to begin an ABA Support Group ASAP.

Harold & Lila Scroggins—with Celebrate Recovery Bedford stated the CR meetings occur on Thursdays at 6:30 pm and the attendance numbers have increased with their highest number being 28, and they are also witnessing a higher level of participation as well.

Mac Duis—with BCPS stated the schools are using alternatives to suspension and compiling data to take a look at the percentage of suspensions to incidents in the schools. The numbers are trending down by utilizing additional alternative methods of approach, such as reviewing to see if students need support or redirection.

Wilson Brown—with St. John's Episcopal Church stated they have been doing a book study on "Dope Sick" to raise awareness on how deeply SUD affects the Bedford community.

Gabriella Smith—with HBH alerted the team about HBH loss of email access during the week of 3/23/22 to 3/30/22. Gabriella requested all emails that anyone has sent to HBH staff be resent as the staff are unable to access the ones sent during these dates. Gabriella also announced an upcoming HBH Motorcycle Rally event on Sat, May 7, 2022. This event will have something for everyone including pizza, games, and live band(s). Gabriella encourages you to wear green when you attend this event at HBH Langhorne Wellness Center, 2215 Langhorne Rd., Lynchburg, VA 24501.

John Fedor—with DOC J-P&P stated operations have returned to normal and all programs are in full swing now that the number of Covid-19 cases have greatly reduced in the area. Chief stated DOC will attend the National Night Out and the location is TBD.

Tecora Davis—with DOC J-P&P typed in the chat that the next Re-entry Subcommittee meeting is scheduled for Thursday 4.21.2022 at 1:00pm.

Angela Hill—with Lake Christian Ministries stated she is the New Tomorrows Coordinator.

Christy Meeks—with Mt. Regis Center-Salem stated they are a residential center that serves the state of VA and they can do IOP in person and virtual. Christy stated Mt. Regis is celebrating 75 years in 2022. Christy stated they have an event coming up on 4/13/22 at 10:00 am at Market and Main in collaboration with American Addiction.

Januwaa Davis—with HBH Prevention Team announced HBH is hiring a Prevention Specialist. Prevention is conducting a needs assessment on Gaming & Gambling treatment needs in our area, providing Mental Health First Aid Trainings, providing FREE REVIVE trainings. Jan stated there is a Drug Take Back day scheduled on Sat., April 11, 2022 at 7 locations including 2 Bedford locations (Tractor Supply and Jefferson Forest HS). HBH Prevention paid for 67 scholarships for the most recent conference. Jan stated HBH is working with the Southside CSB to put together a Trauma Focused Conference/Event with Dr. Bruce Perry.

Lesli Sedwick—with HBH School-Based Program announced Bedford Schools are experiencing 3 to 5 referrals a week in the 6 Bedford Schools Horizon is in each week.

Jimmy Thompson, MD—with Carilion Clinic Family Medicine-Bedford currently has 6 patients on Suboxone and they are able to take on more patient. Dr. Thompson stated at this time there is not an availability for counseling within the Practice for patients on Suboxone.

Other Information

Resources:

<https://211virginia.org/consite/index.php>

Joe Girandola email: Joe.girandola@vcwcentral.com

Karen Riddle email: karen.riddle@horizonbh.org

McShin: <https://mcshin.org/resources/marker-project/>

Carolyn Hitchcock email: Carolyn.hitchcock@centrahealth.com

Latoya Horsley email: lhorsley251@earthlink.net

National Night Out – save the date August 2, 2022, location TBD

Special notes:

Next Minds Together Meeting is scheduled for Thursday, May 5, 2022

Join Zoom Meeting

<https://us02web.zoom.us/j/85079024140?pwd=ei9DSmx4S0krZmVxZFhaNWFVbXhhZz09>

Meeting ID: 850 7902 4140